

## What is a DNA Group?

A DNA Group is a simple way to help each other develop and embed right at the core of our lives the most essential elements of a dynamic Kingdom disciple. The DNA of a person is what carries all of their fundamental genetic information and is capable of self-reproduction. Based on this metaphor, DNA Groups seek to build 3 vital Kingdom “chromosomes” into every Jesus-disciple, that will internally motivate our own Kingdom lives and enable us to reproduce disciples, who can in turn reproduce others. These 3 “chromosomes” are all present in all true disciples, and are easy to remember:

- D** – the ability to discern **D**ivine Truth and experience God’s presence themselves
- N** – participation in **N**urturing Relationships and mutual transparency which grow each other
- A** – the taking on of an **A**postolic mindset which strives to reach the unreached

At ESCC we are committed to seeing impactful cell groups filled and expanding with disciples who have had this basic DNA firmly and irrevocably entrenched and reproducing in their lives. Transformed disciples are the base unit for an effective cell group and an effective church!

### So, practically, how does a DNA Group look?

- They meet once a week for 45 to 60 minutes
- They are groups of 2 or 3 – and multiply very soon after adding a 4<sup>th</sup> person
- They are usually gender specific, for better openness, honesty & vulnerability
- They don’t have a leader or a set curriculum
- The group accomplishes only 3 DNA tasks:
  1. Lots of Scripture is read & discerned, then personally applied & prayed (**D**ivine Truth)
  2. Sin is confessed in mutual transparency (**N**urturing Relationship)
  3. Unbelievers are prayed for strategically, specifically & continuously (**A**postolic)

## Making & Multiplying Growing Disciples!

There are only 3 tasks to be accomplished in a DNA Group. They are ...

### 1. Sin is confessed in mutual transparency

Start by asking each other the Character Conversation Questions listed in the column alongside. The questions are straightforward and lay an important foundation for the rest of your time together. Each question is asked and answered by each person before moving on to the next question. The group must be a safe place to be honest in.

### 2. Scripture is read repetitively, applied & God’s intervention sought

DNA Groups seek to powerfully unleash God’s word in the lives of people. Each group decides on a book of the Bible they will read during the coming week – choose a large volume of scripture, with the goal to create a rich appetite for God’s word and Divine Truth. 25 to 30 chapters is a good quantity – see the guidelines on the back of this card. Then, if any one person was unable to finish the entire reading that week, the whole group does the same reading again for the next week. This is not a bad thing – reading entire books in context and in community will yield rich rewards! Once everyone completes the reading in the same week (on average this takes about 4 weeks), the group chooses the next book to read & apply together.

When the group comes together, everyone should briefly share how God has spoken through the Word specifically to them & to their decisions that week. Stay focused on real, personal application & don’t lose time discussing impersonal truths or revelations. Move quickly to praying for each other for God’s presence & intervention in the personal areas that have been discussed.

### 3. Unbelievers are prayed for regularly

Each person in the group identifies 2 or 3 people whom the Lord lays on their hearts that need to become disciples of Jesus. Everyone then prays throughout the week for all of the unbelievers identified by the whole group. Keep the attached Strategic Prayer Focus in your Bible to assist you. Those unbelievers who begin to seek Christ become perfect candidates to be added to your DNA group and so the multiplication of the group & reproducing disciples starts to occur naturally & spontaneously.

## Character Conversation Questions

(See task 1 alongside)

*“Therefore, confess your sins to one another, and pray for one another, so that you may be healed” James 5:16*

These questions are to stimulate conversations of character and confession of sin in a safe environment which values honesty, vulnerability, confidentiality and grace!

1. Have you been a testimony this week to the greatness of Jesus Christ with both your words and actions?
2. Have you been exposed to sexually alluring material or allowed your mind to entertain inappropriate sexual thoughts about another person this week?
3. Have you lacked integrity in your financial dealings or coveted something that does not belong to you?
4. Have you been honouring, understanding and generous in your important relationships this week?
5. Have your words damaged another person, either behind their back or face to face?
6. Have you given in to an addictive behaviour this past week? Explain.
7. Have you continued to remain angry towards another person?
8. Have you secretly wished for another person’s misfortune?
9. \_\_\_\_\_  
(Your own personalised accountability question)
10. Have you been completely honest with me?

## Strategic Prayer Focus

(See task 3 alongside)

*"Brethren, my heart's desire and my prayer for them is for their salvation."* Romans 10:1

List the names of all those unbelievers you have all identified in the group, so that all of you pray for each of them weekly:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

Pray daily for a person listed above:

1. Lord, draw \_\_\_\_\_ to You!
2. Lord, speak and reveal Yourself to \_\_\_\_\_ that he/she would hear Your Word & Divine Truth
3. Prevent Satan from blinding \_\_\_\_\_ to the truth
4. Convict \_\_\_\_\_ of their wrong-standing with You and Your Kingdom
5. Convict \_\_\_\_\_ of his/her need for Jesus
6. Lord, send the right opportunities and people into \_\_\_\_\_ life, so that the Good News of the Kingdom may effectively & truthfully be shown and shared with him/her.
7. Lord, I pray that \_\_\_\_\_ gets to a clear point of salvation, clearly decides to follow You and openly confesses You as Lord
8. I pray even now that \_\_\_\_\_ would go on to grow in Kingdom faith and life, and bear fruit for Your Kingdom

*Keep this card in your Bible as a bookmark for your daily reading, so that each time you open your Bible you are reminded to pray for these unbelievers.*

## Scripture Reading Guide

(See task 2 alongside)

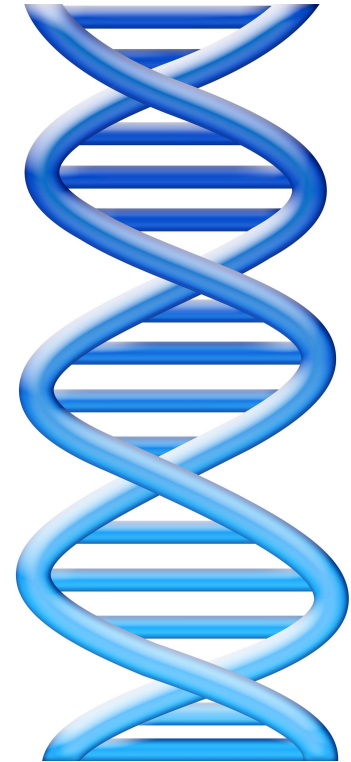
*"But the seed on good soil stands for those with a noble and good heart, who hear the word, retain it, and by persevering produce a crop."* Luke 8:15

If you select a book with only 5 or so chapters, it should be read 5 times in the week. A moderate-sized book of 15 or so chapters can be read twice in a week, or a lengthy book only once in the week.

<u>Chapters</u>	<b>EXAMPLES</b>	<u>Repeat per week</u>
Genesis 1 – 25		1
Genesis 26 – 50		1
Exodus 1–20; 32-40		1
Numbers		1
Joshua		1
Judges & Ruth		1
1 Samuel		1
2 Samuel		1
1 Kings		1
2 Kings		1
Ezra, Nehemiah + Esther		1
Psalm – choose any 30 chapters		1
Isaiah 1 – 36		1
Isaiah 37 – 66		1
Daniel		1
Matthew		1
Mark		2
Luke		1
John		1
Acts		1
Romans		2
1 Corinthians + 2 Corinthians		1
Galations		5
Ephesians		5
Philippians		7
Colossians		7
1 Thessalonians + 2 Thessalonians		3
1 Timothy + 2 Timothy		3
Titus + Philemon		7
Hebrews		2
James		5
1 Peter + 2 Peter		3
1 John + 2 John + 3 John		4
Revelation		1

# DNA Groups

Making & multiplying disciples



*"Iron sharpens iron, so one person sharpens another"*  
Proverbs 27:17